Nu Cafe 47 - HEALTHY
Eating healthy is important

WE CARE... DO YOU?
CATERING FOOD FOR...

- Pre-diabetics and Diabetics
- Celiac or Gluten Intolerance
- Crohn's disease
- IBS (irritable bowel syndrome)
- S E D (no starch)
- Low Sodium
- High Protein
- 100% Whole Wheat Pastries with NO SUGAR ADDED

Available All Year Round
NO SUGAR ADDED
100% WHOLE WHEAT
Cookies
Biscotti
Cheesecake
Muffins
We also bake GLUTEN-FREE

Starting SUMMER @ Nu Cafe 47
New HEALTHY EATING PLAN FOR YOU
STARCH FREE; LOW SODIUM;
HIGH PROTEIN; LOW FAT DIET

Hrs: Sun-10-9, Mon-Thurs. 9-30-1, Fri. 9-2
718.871.4747
4709 New Utrecht Ave.

Cheesecake 10" round whole toppings
Plain 35.00
Caramel 40.00
Chocolate 45.00
Chocolate caramel 45.00
Fudge 40.00
Strawberry or blueberry 50.00
Choc chip and chocolate frosting 50.00

Cinnamon rolls 4.00 each
tiramisu 4.95 each 60.00 whole
Carrot cake slice 4.95 each
Sugar free cheesecake 5.95 each / 60.00 dz
Muffins assortment 2.75 each / 30.00 dz
Choc fudge brownies 3.50 each / 45.00 whole
Biscotti assortment 2.75 each / 30.00 dz
Whole wheat cookies 2.50 each / 28.00 dz

Salads and wrap/ or Panini platters 12" 16" 18"
Sushi assortment of fish & vegetable rolls 49.00 79.00 99.00
Sushi wrap platter 50.00 100.00 125.00
Assortment of Panini and wraps w/ cheese 50.00 100.00 125.00
Greek salad, vegetables, feta cheese 50.00 80.00 100.00
Tuna salad platter 49.00 79.00 110.00
Egg salad and tuna salad platter 49.00 79.00 110.00
Grilled salmon Caesar salad platter 65.00 120.00 140.00
Grilled tuna steak salad 80.00 120.00 150.00

Shevuos Specials
9x13 pans
1. Baked ziti shallow 30.00 deep 45.00 steam table 75.00
2. Penne a la vodka 40.00 50.00 85.00
3. Fettuccini Alfredo 40.00 55.00 95.00
4. Fettuccini in marinara sauce 30.00 40.00 75.00
5. Penne or Fettuccini in garlic pesto 55.00 95.00
6. Cheese Tortellini Pasta in any sauce 100.00 175.00
7. Cheese ravioli in any sauce 115.00 195.00
8. Add shredded salmon to any pasta 35.00 60.00

Sauces
Vodka 8 ounce 5.00 16 ounce 9.00 32 ounce 17.00
Garlic cream 6.50 12.00 20.00
Pesto cream 6.00 11.00 19.00
Marinara 5.00 9.00 17.00
Jalapeño and chili cream sauce 6.50 12.00 20.00