

THE ORCHID LUNCH MENU

Deliciously Appetizing Starters

Cold

*Couscous Salad – Couscous mixed with grilled vegetables, cilantro and lemon vinaigrette	\$6.50
Cucumber Salad – Sliced cucumber with red onions and vinegar	\$6.50
Humus Spread – Mediterranean style ground chickpeas served with pita	\$6.50
Baba Ganoush – Ground grilled eggplant Middle Eastern style	\$6.50
Israeli Salad – Finely diced tomatoes, cucumbers and parsley mixed with lemon vinaigrette	\$6.50
Spanish Eggplant – Chunky eggplant cooked with tomato sauce	\$6.50
Quinoa Salad – Quinoa with onions, dried cranberries, cilantro and lemon vinaigrette	\$6.50
Combination Platter – Choice of any 3 cold appetizing starters	\$12.95

Hot

*Grilled Vegetable – Assorted marinated, grilled vegetables	\$9.95
*Kubbe mushroom – Bulgur wheat filled with mushrooms served with Tehina	\$6.50
*Moroccan Cigars – Deep fried, seasoned, and filled phyllo dough served w/Tehina	\$6.50
*Falafel platter – Served over humus with Israeli salad and pita	\$9.95

Hearty Soups

Ask your server

Cup \$3.95 Bowl \$4.95

Soup of the Day, Matzo Ball, Chicken noodle

Light & Healthy Salads

Garden Salad – Organic mixed greens, tomatoes, cucumber, hearts of palm Served with balsamic dressing	\$ 7.95
Caesar Salad – Romaine lettuce, croutons, and house special Caesar dressing	\$ 7.95
New Orchid Salad – Romaine lettuce, cucumber, apples, cranberries, candied walnuts Honey lime vinaigrette	\$ 9.95
Chef salad (choice of 3 meats) over salad with eggs and Russian dressing	\$14.95

Add: grilled chicken \$7 · Add grilled salmon \$7 · Add Steak \$8 · Add grilled vegetables \$5

**All fried and grilled items are prepared using meat equipment*

Appetizers

Knishes	\$3.50
Chopped liver	\$5.95
Kishke (Stuffed Derma)	\$5.50

Our home made soups

Soup of the day
Chicken Noodle
Matzo Ball

Cup \$3.95 · bowl \$4.95

Sandwiches and more

Veggie Burger —Served on sesame bun w/lettuce, tomato, onion and French fries	\$9.95
Vegetable cutlets —Vegetables cutlets enhanced with a variety of herbs and spices served with rice and tomato mushroom sauce	\$10.95
Lentil chutney —Slow cooked lentils with vegetables served over rice	\$9.95
*Grilled vegetable sandwich —Vegetables served over French bread topped with balsamic vinaigrette	\$8.95
*Potato pancakes —Potato pancakes served with apple sauce	\$8.95
Blackened Fish Po' Boy —New Orleans style blackened tilapia, remoulade sauce, lettuce, tomato, onion served with Cole slaw	\$12.95
*California sandwich —Avocado, roasted peppers, lettuce, tomatoes and balsamic dressing	\$ 8.95
Steak sandwich —8oz grilled Rib Eye, hoagie roll, sautéed onions & French fries	\$15.95

Sandwiches

Hot Corned Beef	\$9.50	Chicken salad	\$8.95
Hot Pastrami	\$9.50	Tuna Salad	\$8.50
Roast Beef	\$9.50	Egg salad	\$7.50
Chopped Liver	\$9.50	Meat loaf	\$8.50
Roasted Turkey	\$9.50	Grilled chicken	\$9.50
Smoked Turkey	\$9.50	Salami	\$7.50
Chicken Cutlet	\$9.50		
Penn station —Pita stuffed with humus, Israeli salad, breaded chicken, pickles and fries with optional hot sauce			\$10.95

All sandwiches served on choice of Bread, Cole Slaw and pickles

Special Combination Sandwiches

Corned Beef and Pastrami	\$10.95
Roast Beef and Pastrami	\$10.95
Pastrami and Chopped Liver.....	\$10.95
Turkey and Pastrami	\$10.95

**All fried and grilled items are prepared using meat equipment*

Wraps

The Orchid – Breaded chicken, lettuce, sautéed mushrooms and onions with a touch of mayo	\$11.95
The Lincoln – Smoked turkey, avocado, sun-dried tomatoes and balsamic dressing	\$10.95
*The Falafel – Falafel balls, humus, Israeli salad, with lemon and olive oil	\$ 9.95
The Caesar – Grilled chicken, romaine lettuce, homemade Caesar dressing	\$10.95
The Italian – Grilled chicken with pesto and sun-dried tomatoes	\$10.95
The vegetarian – Grilled vegetables, drizzled with house balsamic dressing	\$ 9.95
The Godfather – Grilled chicken, salami, lettuce, tomato, Italian dressing	\$12.95
Steak – 8oz rib eye steak, grilled to order with sweet barbecue sauce Smothered in fried onions	\$15.95

All wraps served with choice of French fries, onion rings, tossed salad or fruit

Hot open sandwiches

Served with French fries or mashed potatoes / gravy (meat)

Roast Beef	\$12.95	Meat Loaf	\$9.95
Pastrami	\$13.95	Combination any two meats	\$14.95
Turkey Breast	\$11.95		
Corned Beef	\$11.95		

The Orchid Special Sloppy Joe

Choice of Pastrami, Corned Beef, Turkey, and Roast Beef, 3 slices of Rye bread, Cole Slaw and Russian dressing

Any 2 meats **\$15.95**

Any 3 meats **\$16.95**

Salad platters

Served with lettuce, tomato, Cole slaw and potato salad

Tuna Salad	\$9.95
Egg Salad	\$8.95
Tuna and Egg Salads	\$10.95
Chicken Salad	\$9.95
Chopped liver	\$8.95

Burgers

Served on a bun with lettuce, tomato and onion

Classic Beef (1/2 pound)	\$8.95
Burger Deluxe served with French fries	\$11.50
Mushroom and onion Deluxe	\$12.50
Add pastrami to any burger	\$3.50

**All fried and grilled items are prepared using meat equipment*

Franks (Grilled)

- Frankfurter on a Roll \$3.00
- 2 frankfurters. \$5.00
- 2 frankfurters with French fries \$7.95

Side Orders

\$3.50 each

- Potato Salad · Cole Slaw · Macaroni Salad · *Onion Rings
 *French Fries · Knish

Children's Menu

Under 12 years

*All served with French Fries and include can of soda
for Snapple add \$.50*

- 1. Hot-dog \$7.99
- 2. Burger \$8.99
- 3. Chicken Nuggets \$7.99
- 4. Jr. Sandwich (deli only)..... \$8.99
- 5. Chicken Cutlet..... \$8.99

Desserts

- ASSORTED CAKES\$4.95
- FRESH FRUIT SALAD\$3.95

BEVERAGES

- Soda \$ 1.50
- Snapple \$1.75
- Coffee or Teas \$1.50

ASK YOUR SERVER ABOUT OUR DAILY SPECIALS

The Orchid is under Star-K kosher supervision

455 Main Street

Metuchen, New Jersey 08840

Tel 732 -321-9829

**All fried and grilled items are prepared using meat equipment*