



MOCHABLEU

NINE DAYS MENU - 2018

RCBC - CHOLOV YISROEL

PLEASE LET US KNOW OF ANY ALLERGIES OR INTOLERANCES

ANTIPASTI (STARTERS)

BRUSCHETTA ARTICHOKE 14

6 pieces | tomato, artichoke, garlic, parsley, onion, parmesan

HUMMUS PLATTER 12

served with a jumbo garlic herb pita

PORTABELLA MUSHROOM 12

served on a hot skillet | teriyaki sauce

ARANCINI di RISO 19

6 pcs saffron rice balls, mozzarella, marinara, pecorino

SEABASS SPRING ROLL 16

chilean sea bass, crab mix, with asian sauce

AVOCADO SPRING ROLL 14

avocado, sun-dried tomato, cilantro, red onion, sesame

GUACAMOLE + CHIPS 17

PIZZA

MARGHERITA 14

san marzano tomato sauce, fresh mozzarella, basil

AMERICAN PIE 14

marinara, mozzarella on top

AL FUNGHI 16

wild mushrooms, mozzarella, marinara

SPICY EGGPLANT 17

marinara, mozzarella, fried eggplant, spicy mayo

BRUSCHETTA PIZZA 17

tomato, onion, kalamata olives, parsley, mozzarella, marinara

SABICH PIE 19

hummus, pickles, hard boiled egg, fried eggplant, israeli salad, tahini, parsley, roasted garlic

SALADS

CAESAR SALAD 12

romaine, croutons, parmesano, dressing

GREEK SALAD 16

mesculin/romaine, tomato, cucumber, olives, onions, feta

MOCHA BLEU 15

hearts of palm, mandarins, candied nuts, strawberries, red onion, raspberry vinaigrette

CHISAYA SALAD 16

spring mix, quinoa, fresh mushroom, pumpkin & sunflower seeds, juliennes carrots, balsamic vinaigrette

POMAPEAR SALAD 18

romaine, spinach, pomegranate, avocado, asian pear, cranberries, toasted seeds, balsamic

KALE QUINOA CHOPPED SALAD 17

chopped kale, quinoa, tomato, cucumber, red cabbage, feta, toasted seeds, balsamic vinaigrette

grilled salmon steak 12 grilled tuna steak 14 tuna salad 4

MAINS

+ PASTA

+ FISH

PENNE SALMON PUTTANESCA 28

sun dried tomato, fresh mozzarella, basil, cherry tomato, parmesano, parsley

PASTA PRIMAVERA 23

seasonal vegetables, tossed in penne or fettuccine, parmesano, parsley

MOMMA'S SPAGHETTI 19

marinara, shaved pecorino, basil, parmesano, parsley

PISTACHIO CRUSTED TUNA 29

rosemary roasted potatoes, spinach, garlic oil

GRILLED DILL SALMON 29

topped with zucchini, red pepper, courgette, roasted garlic, served with jasmine rice

RED SNAPPER ALLA CARRIBEAN 38

whole fried red snapper, seasonal legumes

LEMON HERB CRUSTED SALMON 38

seared, lemon herb sauce, panko, asparagus, grilled pineapple, potato mash

FETTUCINE ALFREDO 23

wild mushrooms, parmesano, toasted pistachios

PENNE ALLA VODKA 20

pink vodka sauce, parmesano

RAVIOLI FROMAGE 23

stuffed with cheese, fresh roasted tomato, marinara, 7 pcs

MAC n' CHEESE 19

mozzarella, cream, cheddar | family size

POUTINE/DISCO FRIES 18

home fries, gravy, mozzarella, broiled | family size

[MOCHABURGER]

SALMON BURGER + FRITES 29

brioche bun, avocado, lettuce, onion, pickle, tomato, special sauce

VEGGIE BURGER + FRITES 25

brioche bun, lettuce, onion, pickle, tomato, special sauce

IMPOSSIBLE BURGER + FRITES 29

like meat, cole slaw, red slaw, fried onions, brioche bun, lettuce, pickle, tomato, special house sauce

McMOCHA MAC FISH BURGER + FRITES 26

tempura, brioche bun, lettuce, onion, pickle, tomato, tartar sauce

DESSERT

CHURROS 8

FRIED OREOS 11

HOME STYLE NAPOLEON 13

DAILY DESSERTS 9

served with ice cream

Contorni (sides)

CRISPY FRIES 7

SWEET POTATO FRIES 7

EDAMAME 7

GRILLED VEGETABLES 9

JASMINE RICE 7

COLESLAW 5

RED SLAW 5

ROSEMARY ROASTED POTATO 8

SOUP

FRENCH ONION SOUP 11

french baguette & cheese

SOUP DU JOUR 9

please ask your server for soup of the day

UDON SOUP 9

noodles, tofu, scallions, shiitake mushroom, onions

WRAPS + PANINIS

ALL ABOVE SERVED WITH A SIDE JUMBO CAESAR SALAD OR SIDE JUMBO GARDEN SALAD

SPICY SALMON AVOCADO WRAP 25

romaine, diced tomatoes, avocado, caesar dressing & chipotle mayo

SALMON TERIYAKI WRAP 24

grilled salmon, tempura flakes, red pepper, teriyaki

TUNA SALAD WRAP 18

lettuce, tomato 16 add cheese 4

AL CAPRESE PANINI 19

fresh mozzarella, basil leaf, roma tomato, olive oil

SABICH WRAP 20

hummus, pickles, hard boiled egg, fried eggplant, israeli salad, tahini, parsley,

OPEN FACE AVOCADO TOAST 19

avocado, organic arugula, alfalfa, char-roasted red pepper, red onion, cherry tomato, extra virgin olive oil, micro greens

KIDS MENU

JUNIOR PENNE 12

tossed in marinara or butter

GRILLED CHEESE 14

texas toast, mozzarella, french fries

SPAGHETTI MARINARA 14



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SUSHI MENU

SALADS

- salmon kani salad** 18
spring mix, kani, salmon sashimi-[raw], cucumber, asian dressing
- cajun tuna salad** 19
spring mix, cajun tataki-[raw] seared tuna, red pepper, onion, avocado, asian dressing
- edamame** steamed & lightly salted 7

APPETIZER

- forever "yong" salmon or tuna tartar**
salmon tartar, avocado, tempura flakes, spicy teriyaki sauce served in avocado shell 16

CHEF'S SPECIAL ROLLS

- cali spicy salmon** 15
crab stick, avocado, spicy salmon-crab mix on top, chef's special teriyaki sauce
- cali spicy tuna** 15
crab stick, avocado, topped with spicy tuna mix, chef's special teriyaki sauce
- seabass spring roll** 16
chilean seabass, crab mix with teriyaki sauce
- vegetarian roll** 11
cucumber, avocado, fresh red pepper, shiitake mushroom with teriyaki sauce
- spider roll** 10
cucumber, avocado, tempura crab, teriyaki
- crunchy double spicy roll** 16
cucumber, spicy crab mix, crunchy, topped with spicy tuna, spicy-mayo & teriyaki sauce
- salmon mango roll** 15
crab mix, avocado, fresh salmon with mango
- crispy & creamy salmon tempura roll** 16
deep fried tempura roll with crab mix, fresh salmon-raw, avocado, creamy & teriyaki sauce
- crunchy tuna roll** 16
cucumber, crab mix & tempura bites with fresh tuna topped with spicy-mayo sauce
- volcano roll** 17
salmon, avocado, crab mix, spicy mayo, baked

CRISPY RICE SQUARES

- spicy tuna crispy rice** 19
rice squares, hot sauce, spicy tuna, bruschetta mix, spicy mayo, teriyaki sauce, tempura flakes
- spicy salmon crispy rice** 19
rice squares, hot sauce, spicy salmon, bruschetta mix, spicy mayo, teriyaki sauce, tempura flakes

PREMIUM CHEF ROLLS

- mocha bleu crisp** 18
mango, cucumber, tempura crab stick, avocado, sweet potato flakes, topped with spicy mayo & teriyaki
- snow white roll** 19
rolled in white daikon, lettuce, avocado, cucumber, kani, mango, special sauce
- jonetsu roll** 19
tilapia tempura, lettuce, red pepper, avocado, red tempura flakes, kabayaki sauce
- baked dynamite sea bass roll** 25
regular california roll, baked chilean sea bass mix with kani & dynamite sauce
- godzilla zumba roll** 17
yellow tail, tuna, kani, salmon, tempura, spicy mayo & teriyaki
- sushi sandwich** 19
stuffed with spicy tuna, avocado, tempura crunch, spicy mayo & teriyaki sauce
- sakura roll** 17
spicy cream-crab, avocado, tuna, sweet flakes, ponzu sauce
- tataki salmon roll** 19
asparagus, avocado, tempura carrot, seared salmon, chipotle

HAND ROLLS - CONES

- choice of: spicy tuna, spicy salmon, yellow tail scallion, veggie roll, salmon skin, california 9

BOATS

- chef's choice only
- celebrity** 57
medium boat, assorted nigiri, sashimi & rolls [5-6 rolls]
- norwegian** 87
large boat, assorted nigiri, sashimi & rolls [7-8 rolls]
- titanic** 130
jumbo boat, assorted nigiri, sashimi & rolls [10-11 rolls]

NIGIRI [raw on rice] two pcs

- akami tuna, sake salmon, or yellow tail 9

SASHIMI [raw] one pc

- sake-salmon** 4 **smoked sake-salmon** 4 **flake** 5
- ikura-salmon roe** 5 **katsuo-baby tuna** 4
- charred tuna** 6 **hamachi yellow tail** 5
- snapper** 4 **st. peters** 4

PLACE YOUR ORDER FOR SUSHI PLATTERS

BASIC ROLLS

- california roll** 6 | **avocado roll** 5.50 | **asparagus roll** 5.50 | **tuna roll** 7 | **battered yam** 7
- salmon avocado** 9 | **cucumber roll** 5 | **spicy salmon roll** 9 | **spicy tuna roll** 9
- cucumber avocado** 6 | **shiitake mushroom roll** 5.50 | **kani crab roll** 6 | **spicy yellow tail** 9

EXTRAS

- avocado** 3 | **cucumber** .5 | **extra spicy mayo** 1 | **extra teriyaki sauce** 2 | **brown rice add** 1.5 | **daikon wrap** 3
- all crab served is mock** | a 20% gratuity will be added to parties of 6 or more | \$19 min pp on sat. night

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BEVERAGE MENU

COFFEE

- HOUSE COFFEE** 3 **ESPRESSO** 2/3
- CAPPUCCINO** 5 **HOT CHOCOLATE** 5
- LATTES**
- HOUSE LATTE** 5
- VANILLA BLEU** 6
- CARAMEL BLEU** 6
- MOCHA BLEU** 6
- HAZELNUT** 6

ICED TEAS & DRINKS

- ICED COFFEE** 3
- ICED CHOCOLATE MILK** 5
- HIBISCUS** 5
- 30 VARIETIES OF ICED TEAS** 4

~ MOCHA BLENDS ~ 8

- MOCHA BLENDED**
CHOCOLATE FUDGE, ESPRESSO, MILK
- VANILLA ICE ICE BABY**
VANILLA BEAN, ESPRESSO, MILK
- CARAMELTAWAY**
CARAMEL FUDGE, ESPRESSO, MILK
- FUDGE NUT**
CHOC. FUDGE, PEANUT B, ESPRESSO, MILK

- CARAMEL COCOA BLEND**
CARAMEL FUDGE, CHOC FUDGE, ESPR, MILK
- BROWN SUGAR RUSH**
BROWN SUGAR, CINNAMON, ESPRESSO, MILK
- CUPCAKE CREAM EXPRESS**
VAN BEAN ICING, RAINBOW SPRINKLES, MILK
- WHITE CHOCOLATE VAPOR**
WHITE CHOCOLATE, ESPRESSO, MILK

~ MILK SHAKES ~ 9

- VANILLA PARADISE**
VANILLA BEAN ICE CREAM
- CHOCOLATE CHUNK**
CHOC ICE CREAM, CHOC CHIPS, FUDGE
- TROPICAL VANILLA BREEZE**
SEASONAL BERRIES, VANILLA BEAN ICE CREAM
- NUTELLA DREAM**
CHOC HAZEL FUDGE, VAN BEAN ICE CREAM
- VANILLA PECAN PIE**
CARAMELIZED PECANS, CARAMEL FUDGE, VAN ICE CREAM

- OREO OVERLOAD**
CRUSHED OREOS, FUDGE, VANILLA ICE CREAM
- STRAWBERRY SHORTCAKE**
FRESH STRAWBERRY & COULIS, VAN ICE CREAM
- CARAMEL CRUNCH**
CARAMEL FUDGE & BITS, TOFFEE, VAN ICE CREAM
- SALTED CARAMEL BROWNIE**
CARAMEL FUDGE, BROWNIE BITS, CHOC ICE CREAM
- MINT CHOCOLATE CHIP**
MINT CHUNKS, FRESH MINT, CHOCOLATE CHIPS, VANILLA ICE CREAM

BLENDED MOCKTAILS 7

- BANANA COLADA**
- PINA COLADA**
- FROZEN MARGARITA**
- LIMONANA**
- MINT MOJITO**

SMOOTHIES 9

- STRAWBERRY BANANA**
FRESH STRAWBERRIES & BANANAS, YOGURT
- KIWI STRAWBERRY**
FRESH KIWI & STRAWBERRIES, YOGURT
- BANANA COCOA**
FRESH BANANAS, CHOCOLATE FUDGE, MILK
- PEACHES AND CREAM**
PEACH COULIS, YOGURT
- BERRY BANANAS**
FRESH BANANAS, FRESH BERRIES, YOGURT
- CHOCOLATE COVERED STRAWBERRIES**
FRESH STRAWBERRIES, CHOC FUDGE, MILK

HOT/ICED TEA 3/4

- POMEGRANATE OOLONG** | **CHAMOMILE** | **TILLEUL**
- MINT** | **DRAGON PEARL JASMINE** | **DARJEELING** |
- ORGANIC BLACK TEA** | **ENGLISH BREAKFAST** | **WHITE**
- VANILLA GRAPEFRUIT** | **ORGANIC GREEN** | **CARIBE** |
- EARL GREY SUPREME** | **RASPBERRY** | **LEMON** |
- ORGANIC ASSAM** | **LEMON VERBENA**

SODA/WATER/JUICES

HOUSE SELECTION, PLEASE ASK YOUR SERVER

MOCHABLEU

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