

DESSERT

- Baklava 4.95
- Brownie 4.95
- Baked Apple Crips 4.95
- Fruit Salad 4.50
- Oreo Crunch 8.00
- Nutella 8.00
- P & B Chocolate Fudge 8.00
- Halva Whipped 8.00
- Salted Caramel 8.00
- Cheesecake 8.00

BEVERAGES

- Soda (can) 1.50
- San Pellegrino 3.00
- Snapple (16oz) 2.00
- Poland Spring Water (16.9oz) 1.75
- Large Poland Spring Water (20oz) 3.00

SHAKES
Fresh fruits and vanilla soy milk

- Mighty Mango**
Cantaloupe, Mango and Banana
 - Berry Berry**
Strawberry, Blueberry and Black Currant
 - Blue Berry Blast**
Pom Juice and Blueberries
 - Bana-Lychee**
Banana and Lychee
 - Mango Mania**
Mango, Banana and Ginger
 - Nutty Banana**
Banana and Natural Peanut Butter
 - Fruit Supreme**
Strawberry and Banana
- Medium (16oz) 6.50 Large (20oz) 7.50**

BOOSTERS - \$1.50

Immunity: Multi Vitamin, Minerals and Anti-oxidants

Energy: Triple-Blend Ginseng

Strength: Isolated Soy Protein

SMOOTHIES
Fruit, Fesh Squeezed Juices and Crushed Ice

- Tropical Peach**
Peach, Banana, Pineapple, Coconut & Orange
- Power Peach**
Peach, Lychee and Orange
- Orange Twist**
Lychee, Orange and Banana
- Blue Mango Twist**
Mango, Blueberry, Banana and Orange
- Pineapple Delight**
Strawberry, Pineapples, Coconut and Orange
- Tropical Punch**
Strawberry, Orange and Pineapple
- Guava Sunrise**
Pineapple, Orange and Guava

Medium (16oz) 6.00 Large (20oz) 7.00

FRESH SQUEEZED JUICES
Super Fast and Fresh

- ABC**
Apple, Beet and Carrots
- Hungry Husky**
Carrot, Apple and Ginger
- Rise n' Shine**
Carrots, Apple and Pineapple
- Pacific Splash**
Banana, Strawberry and Orange
- Apple Paradise**
Apple, Carrot and Orange
- Pure Carrot**
Carrots
- The Garden**
Plum Tomatoes, Carrots, Beets, Parsley, Garlic and Celery
- Citrus Apple Berry**
Apple, Strawberry and Lemon
- Revive**
Apple, Cucumber and Kale

Medium (16oz) 6.00 Large (20oz) 7.00

FRESH & HEALTHY CATERING

Try one of these party options or call to speak to one of our party experts. At Pita Grill Kosher we are happy to honor requests and we will always do our very best to accommodate you.

Original Pitas \$12.50 per person; minimum 10
Meatballs, Chicken Balls, Falafel, Beef Lamb Shawarma, Chicken Shawarma, Hawaiian Chicken, Grilled Chicken, Schnitzel

Whole Wheat Wraps \$11.95 per person; minimum 10
Meatballs, Chicken Balls, Falafel, Beef Lamb Shawarma, Chicken Shawarma, Hawaiian Chicken, Grilled Chicken, Schnitzel

Tacos \$11.50 per person; minimum 10
Grilled Chicken, Cajun Steak, Chipotle Braised Chicken, Blackened Tilapia, Vegetarian

Any Option Above is Served with Our

ULTIMATE APPETIZER SAMPLER
Served with baked plain or whole wheat pita
Assorted Crudités, Original Hummus, California Hummus, Babaganoush, Israeli Salad and Mixed Olives

ADD OUR GIANT SALAD BOWL FOR \$4.00 PER PERSON
Choose one of the following:
Fattoush Salad * Greek Salad * Caesar Salad

Our catering orders include plates, napkins & utensils.
No advance notice necessary. We can tailor any meal according to your needs!

A LA CARTE (DO IT YOUR WAY!)

HEALTHY SALADS (MINIMUM 6)

Fattoush Salad	6.00 per person
Caesar Salad	6.00 per person
Greek Salad	6.00 per person

SAMPLERS (SERVES 10)

Assorted Pita Tray	100.00
Assorted Wraps Tray	95.00
Assorted Taco Tray	100.00
Beef Sliders Tray (12)	100.00

GLATT KOSHER BOWLS (MINIMUM 6)

Chicken/Beef/Salmon Rice Bowl	8.00 per person
Santa Fe Rice Bowl	8.00 per person
Falafel Bowl	9.00 per person

BY THE POUND (\$11.00/LB) SERVED WITH BAKED PITA BREAD

Original Hummus	Moroccan Chickpea Salad
California Hummus	Moroccan Carrot Salad
Chipotle Hummus	Matbucha
Babaganoush	Healthy Beet Salad
Tabouleh	Cabbage Salad
Israeli Salad	

SWEET TOOTH

Fruit Salad Small (10 people)	35.00	Large (20 people)	50.00
Brownie Tray (10 people)			45.00
Assorted Cookie Tray (10 people)			50.00
Baklava (10 people)			45.00

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THE ORIGINAL EST. 1993

Pita GRILL®

Positively Glatt Kosher Healthy

GYM PLATES

Lower in Carbs & Higher in Protein

- The Muscle Maker 10.50**
Grilled chicken topped with brown rice and a thick lentil soup (Substitute lean steak for \$3.00)
- The Body Toner 10.50**
Grilled chicken topped with steamed spinach and lentils, dressed with a subtle citrus blend (substitute lean steak for \$3.00)
- Get Ripped 11.00**
Seared filapia with a cauliflower puree and steamed broccoli, drizzled with a light lemon-caper dressing
- Hard Core 10.50**
Beef burger over egg whites, spinach & tomato
- Distance Runner 10.50**
Grilled chicken topped with brown rice and black beans, dressed with a Southwestern aioli (substitute lean steak for \$3.00)

P 212-662-9100
F 212-662-9101

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APPETIZERS

Chicken Tenders (3 pcs) 100% Natural fresh chicken strips with our special spices	\$6.95
Eggplant Blade Roasted whole eggplant with tahini sauce, olive oil and parsley	\$5.95
Beef Cigars 4 Cigar rolls stuffed with ground beef	\$5.95
Falafel Plate 6 pcs of our best falafel balls served with tahini or spicy carrot tahini	\$4.95
Kibbeh Bulgur stuffed with beef and cinnamon, 3pcs	\$5.95
Crispy Avocado Spinach Tortilla Stuffed with Fresh Guacamole	\$6.95
Guacamole Served with Crispy Tortilla Chips	\$8.00
Original Hummus Chickpeas, Tahini and Garlic	\$5.95
California Hummus Our Original Hummus Infused with Cilantro, Jalapenos and Fresh Lime Juice	\$5.95
Chipotle Hummus Our Original Hummus Infused with Chipotle Pepper & Lime Juice	\$5.95

SOUPS

Lentil Soup	4.75
Matzo Ball Soup	4.75
Soup of the Day Call your nearest location for soup selection	4.75

SALADS

Grilled Chicken Caesar Crispy romaine and croutons. Topped with creamy dressing.	11.95
Pita Grill Salad Grilled chicken, romaine, fresh beets, avocado and grape tomatoes. Topped with lite lemon dressing.	13.50
Tuna Salad Mesclun greens, tomatoes, cucumbers and green olives. Topped with tuna balls and lite lemon dressing.	12.95
Grilled Salmon Mesclun greens, cranberries, grape tomatoes and grilled salmon. Topped with lite lemon dressing.	13.95
Sabich Salad Lettuce, tomatoes, cucumbers, hard boiled egg, eggplant and tahini.	11.95
Chef's Chopped Salad Mesclun greens, red onions, crispy lamb bacon, avocado, kalmata olives, shredded mozzarella (non dairy/vegan) and grilled chicken. Topped with lite blasamic vinaigrette.	14.95
Seared Ahi Tuna Salad Sushi-grade tuna over baby greens, avocado, green onions, tomatoes, rice wine-marinated cucumbers, cilantro, sesame seeds and tempura fried ginger. Topped with sesame ginger vinaigrette.	15.00

HUMMUS PLATE

Choice of Original Hummus, California Hummus or Chipotle Hummus. Served with White or Whole Wheat Pita Bread.

The Original	\$6.95
Mushroom & Onion	\$7.95
Falafel	\$7.95
Israeli Salad & Tahini	\$7.95
Hot Chickpeas	\$6.95
Shawarma	\$9.95

SIDE SALADS

Served with Pita Bread

Israeli Salad	4.50
Moroccan Chickpea Salad	4.50
Matbucha	4.50
Moroccan Carrot Salad	4.50
Healthy Beet Salad	4.50
Cabbage Salad	4.50
Tabouleh	4.50

BURGERS

Our 100% fresh (never frozen) beef perfectly grilled and served on a homemade pretzel bun

Classic Burger Lettuce, Tomato, Onion and Pickles	10.50
P.G.B. Sunny Side up Egg, Grilled Onions, Tomato, Lettuce and our Special Sauce.	12.95
The Hot One Jalapeno Peppers, Grilled Mushrooms, Tomato, Lettuce and Spicy Mayo	11.95
Veggie Burger Lettuce, Tomatoes and Avocado	10.50
Falafel Burger Melted Mozzarella (Non Dairy/Vegan), lettuce, Tomato and Pickles. Topped with our Classic Tahini Sauce.	10.50

Add Mozzarella or Cheddar (non dairy/vegan) +1.50

PITA CLASSICS

Build your Own Classic Experience

	PITA*	WRAP*	BAGUETTE
Meatball Roasted eggplant, lettuce and tahini	10.95	11.95	12.45
Chicken Balls Grilled mushrooms, lettuce and garlic mayo	10.95	11.95	12.45
Hawaiin Chicken Grilled pineapple, caramelized onions and fire roasted vegetables	10.95	11.95	12.45
Falafel Hummus, Israeli Salad, and tahini	5.95	6.95	7.45
Beef Lamb Shawarma Hummus, Israeli Salad, grilled onions and tahini	11.95	12.95	13.45
Chicken Shawarma Hummus, Israeli Salad, pickles and tahini	11.95	12.95	13.45
Grilled Chicken Lettuce, onions, herbs and sauce	10.95	11.95	12.45
Schnitzel Breaded chicken breast, lettuce, tomato and mayo	10.95	11.95	12.45
Iraqi Beef Skewer Hummus, Israeli Salad, grilled onions and tahini	12.95	13.95	14.45
Beef Shish PG sauce, lettuce and tomato	12.95	13.95	14.45
Chicken Shish Hummus, Israeli Salad, grilled onions and tahini	11.95	12.95	13.45
Sabich Eggplant, hardboiled egg, Israeli salad and tahini.	6.95	7.95	8.45
Shakshuka Tomato sauce and eggs	6.95	7.95	8.45

*Pita and wrap available in whole wheat

Add to any above sandwich:

Mozzarella (non dairy/vegan)	+1.50
Cheddar (non dairy/vegan)	+1.50
Babaganoush	+1.00
Matbucha	+1.00
Eggplant Bits	+1.00

YOUR ORDER IS FOR 25,000 11 x 17 4-FOLD 4/4c 80# GLOSS MENUS
RED LINES REPRESENT TRIM LNRS
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TACO BAR

Tacos are served on whole wheat tortilla.
 Platters are served with 3 tacos and Mexican corn on the cob.

	SINGLE	PLATTER
Spicy Ahi Tuna Spicy Asian Slaw, Avocado and Fresh Sprigs of Cilantro	6.00	18.00
Blackened Tilapia Pico de Gallo, Shredded lettuce, Avocado and Salsa Fresca	5.50	17.00
Chipotle Braised Chicken Pico de Gallo, Shredded Lettuce and Salsa Fresca	5.00	15.00

OUR FAMOUS RICE BOWLS

Falafel Bowl Romaine Lettuce, Israeli Salad, Pickles, Chickpeas, Hard Boiled Egg, and Hummus. Topped with Tahini and Hot Sauce	\$12.95
Famous Rice Bowl Chicken/Beef/Salmon Arugula, Sundried Tomatoes, Yellow Raisins and Green Onions. Tossed with Brown Rice, Mozzarella (Non-Dairy/Vegan) and Lemon Dressing	\$13.95
Santa Fe Chicken Rice Bowl Arugula, Red Onions, Grilled Corn and Black Beans. Tossed with Brown Rice, Cheddar (Non-Dairy/Vegan) and Santa Fe Dressing	\$13.95

SIGNATURE DISHES

Choose your base: Brown rice, Jasmin rice, Couscous or Salad.
 Top it off with a choice of hummus, babaganoush or tabouleh.

Meatballs Our Daily Fresh Meatballs Marinated in Our Homemade Tomato Sauce	13.95
Chicken Balls Fresh Ground Chicken Breast with Herbs. Topped with Mushroom Sauce or Our Homemade Tomato Sauce	13.95
Hawaiian Chicken With Grilled Pineapple, Caramelized Onions and Fire Roasted Vegetables	13.95
Chicken Shawarma Our Famous Slow Roasted Chicken Topped with Grilled Onion and Tahini Sauce	13.95
Beef Lamb Shawarma Our Delicious Slow Roasted Beef and Lamb with Grilled Onion and Tahini Sauce	15.95
Butterfly Salmon Norwegian Salmon Fillet Baked with Creamy Lemon Sauce	14.95
Grilled Chicken Our Famous Grilled Chicken Breast Topped with Mushroom Sauce	13.95
Skewers Finely Ground Iraqi Beef Kebab, Chicken Shish or Beef Shish (Additional Skewer \$8.95)	15.95