

Fresh Salads

BUILD YOUR OWN

12

Choose your base

romaine, kale, arugula

Choose up to 10 toppings:

roasted beets, roasted artichoke, roasted sweet potato, roasted mushrooms, roasted corn, chickpeas, cucumber, red onion, sun dried tomatoes, black olives, cherry tomatoes, celery, alfalfa sprouts, radishes, toasted almonds, croutons, pumpkin seeds, craisans

DRESSING

Caesar • Honey Balsamic • Vinaigrette • Lemon oil

THE BASH

13.5

romaine lettuce, mixed greens, roasted beets, roasted artichokes, roasted mushrooms, roasted sweet potato, roasted corn, feta cheese, toasted almonds. Lemon oil dressing

THE GREEN MACHINE

13.5

mix greens, kale, roasted beets green apple, dried cranberries, pumpkin seeds, feta cheese, mozzarella cheese cubes. Apple cider vinaigrette.

UNDER THE SEA

14.5

romaine lettuce, arugula, cherry tomatoes, cucumber, red onion, celery, hardboiled egg, banana peppers, tuna croutons. Red wine vinaigrette.

CAESAR

11.5

romaine lettuce, parmesan cheese, croutons, ceaser dressing

THE MAGNOLIA

13.5

romaine lettuce, kale, purple cabbage, raw carrots, raw beets, quinoa, radish, dried cranberries, sun flower seed, mozzarella cheese cubes. Apple cider vinaigrette.

THE SUNSHINE STATE

14.5

romaine lettuce, kale, raw carrots, raw beets, fresh mushrooms, cherry tomatoes, chickpeas, radish, avocado, parmesan cheese, pumpkin seeds. Lemon oil dressing.

EMERGEN-C

14.5

romaine lettuce, mixed greens, roasted cherry tomatoes, roasted sweet potato, garlic confit, caramelized onions, avocado, black olives, mozzarella cheese cubes. Honey balsamic vinaigrette.

THE GREEKY

13.5

romaine lettuce, arugula, roasted artichokes, roasted eggplant, cherry tomatoes, cucumber, red onion, black olive, feta cheese. Red wine vinaigrette.

Add ons:

Hard boiled egg	1	Feta	2
Parmesan	1	Tuna	3
Avocado	3	Salmon	5

