Cold-pressed juices + wellness shots that keep you glowing and going. JUICES + WELLNESS SHOTS

240Z \$12.95 | 160Z \$10.95



Beet, Cucumber, Pineapple, Parsley





IMMUNITY & MORNING ENERGY INNER G

Pomegranate, beet, carrots, ginger

LUNG HEALTH & ASTHMA RELIEF LUNG LOVE

Carrots, orange, lemon, turmeric root

FULL BODY DETOX LEMME AT 'EM

Green apples, cucumber, ginger, parsley, spinach, kale, celery, lemon



ENERGY & IMMUNITY BEET IT

Beet, carrots, red apple. pineapple, pear

MENSTRUAL CRAMPS RELIEF OH CRAMP!

Beets, carrots, ginger, lemon, honey

IMMUNITY POWER-UP THE PLUG

Orange, grapefruit, pineapple, ginger, lime, lemon

HYDRATION + SKIN GLOW MELAAXXED

Watermelon, pineapples, coconut water

ENERGY & VITALITY RISE

Orange, Carrot, Lemon, Pineapple, Ginger

DIGESTION & INFLAMMATION **SUPPORT GINGER KISS**

Fresh ginger, pears, red apples, pineapples, cayenne pepper



SHOT O'CLOCK

Small Shots Big Results \$5.00 2oz

OZEMP-LESS SHOT

A fiery metabolism booster that blends lemon, ginger, and cayenne with apple cider vinegar to ignite fat burn, curb cravings, and kickstart your day the Ozemp-Less way!

GUT BLUE

Glow from the inside out with Gut Bluea tropical, gut-loving blend of blue spirulina, lemon, ginger, and coconut water.

GOLDEN GLO-UP

Boost your natural glow with this fiery blend of ginger, turmeric, lemon & black pepper!

AMP'D UP

Kickstart your day with a fiery fusion of fresh ginger, zesty lemon, energizing matcha, and a hint of cavenne.

Ginger & Turmeric shots available upon request.



BERRY-COCO BANANA TOAST

\$8.00

1 slice of whole grain toast topped with creamy Nutella, layered with sweet banana slices and juicy strawberries for a colorful, fruity finish.

BANUTTER BLISS TOAST \$8.00

1 slice of whole grain toast with creamy peanut butter, banana slices, and a drizzle of honey.

BERRY BOOSTED SMOOTHIE

A sweet and vibrant blend of fresh apple, juicy strawberries, and crisp carrots bursting with natural sweetness and vitamin C

MIGHTY BUTTA SMOOTHIE

A creamy, satisfying smoothie blending ripe banana with peanut butter and milk for a protein-packed, kidapproved snack.

BLUE BRAINIAC

A refreshing blend of antioxidant-rich blueberries, sweet strawberries, and hydrating coconut water that fuels your brain and sharpens focus naturally.

JUMPSTART SMOOTHIE

A creamy smoothie combining sweet banana and strawberries with fresh orange juice for a naturally refreshing, kid-friendly treat.

GROW & GLOW JUICE

A bright and tangy juice featuring freshly squeezed oranges, tropical pineapple, and crisp carrots for a sunny burst of flavor









BOWL'D & BLENDED

FOR JUIL CE SAKE

Superfruit, Super You! Açaí like you've never had it. Our bowls are stacked with antioxidants, juicy fruit, and feel-good toppings to keep you energized and glowing all day

BOWL'D

AÇAÍ YOU BABY BOWL

Açaí base, sliced bananas, strawberries, blueberries, granola, coconut flakes, honey drizzle

GOLDEN GLOW BOWL

Açaí base, pineapple, mango, blueberries, strawberries, bee pollen, granola, coconut chips, collagen, honey drizzle

TROPICOCO BLISS BOWL

Creamy coconut base layered with tropical mango, pineapple, fresh strawberries, blueberries, and crunchy granola, topped with luscious coconut and honey drizzles.

OUR POWER SURGE PROTEIN BOWL

Greek yogurt, banana, blueberries, granola, chia, hemp, pumpkin seeds, almond butter, Honey drizzle

TROPIC LIKE IT'S HOT BOWL

Creamy tropical mango base layered with crunchy granola, pineapples, strawberries, banana, topped with luscious coconut flakes and passionfruit or coconut puree drizzles.

BLENDED 240Z \$12.95 | 160Z \$10.95

IMMUNE BOOST + GLOW PEACH PLEASE

Peaches, mango, orange juice, turmeric, agave, flaxseeds

ENERGY + MUSCLE SUPPORTWHEATGRASS WARRIOR

Strawberries, mango, banana, wheatgrass powder, creatine powder, organic soy milk, agave, ice

PROTEIN & GREENS GINGER GLOW POWER

Kale, spinach, pineapple, mango, ginger, protein powder, soy milk, agave

TROPICAL STRENGTH POWER COLADA

Oranges, pineapple, organic soy milk, protein powder, coconut flakes, agave, ice



ANTIOXIDANT BURST BERRY LIT

Strawberries, raspberries, banana, chia seeds, almond milk

DETOX & VITALITY GREEN GODDESS

Spinach, kale, pineapple, mango, peaches, passion fruit, lecithin powder, soy milk, agave, ice

PROTEIN POWER YOU BUTTA GO!

Banana, peanut butter, protein powder, organic soy milk, Greek yogurt, honey/agave, cinnamon

TROPICAL MOOD BOOST MANGO BLISS

Mango, pineapple, peaches, banana, agave, soy milk



GLOW UP ADD ON'S-

(SMOOTHIES & BOWLS ONLY)

CHIA SEEDS \$1.00 **COCONUT FLAKES** \$1.25 PROTEIN POWDER \$1.00 \$2.00 **HEMP SEEDS BEE POLLEN COLLAGEN POWDER** \$1.00 \$2.00 **PUMPKIN SEEDS** \$1.00 **CREATINE POWDER** \$2.00

\$12.00

\$13.00

\$13.00

\$13.00

\$13.00

WHEATGRASS POWDER \$2.00
SPIRULINA POWDER \$2.00
GREEN TEA POWDER \$2.00
FRESH GINGER SHOT \$1.00

STRAWBERRIES
BANANA
PINEAPPLES
PEANUT BUTTER

\$1.75 \$1.00 \$1.75 \$1.75 MANGO \$1.75
FLAXSEEDS \$1.00
ALMOND BUTTER \$2.00
BLUEBERRIES \$1.75
HONEY \$.75

EAT & BALANCE

GOURMET TOASTS & WRAPS

Your daily dose of delicious balanced Bites of Elevated Flavors to Nourish Your Body & fuel your best self.

SIMPLY AVO TOAST

\$12.00

Toasted Multi-grain bread topped with avocado, pink salt, and extra virgin olive oil, and our signature avocado seasoning. —the perfect fresh and wholesome start to your day.

AVOCADO EGGSPRESSION \$15.00

Toasted Multi-grain or Tuscan wheat bread topped avocado, hard-boiled egg, extra virgin olive oil, pink salt, chili flakes, and our signature avocado seasoning — a bold, flavorful boost to express your best self.

TOMATO AVO FETA TOAST \$15.00

Toasted Multi-grain bread, avocado, feta, cherry tomatoes, arugula, pink salt, chili flakes, and extra virgin olive oil — a vibrant toast packed with bold, fresh flavors.

AVO TUNA DELIGHT \$17.00

Toasted Multi-grain or Tuscan wheat bread topped with avocado, tuna, sliced cherry tomatoes, fresh cucumber, red onions, pink salt, and extra virgin olive oil — a vibrant and bursting with fresh, balanced flavors.

TUNA TOAST SUPREME \$13.00

Toasted Multi-grain bread topped with a flavorful tuna &, celery blend, pink salt — a satisfying and protein-packed toast perfect for a balanced and delicious meal

EGG-CELLENT VIBES EGG SALAD TOAST

\$15.00

Toasted Multi-grain or Tuscan wheat bread topped with our creamy, protein-packed gourmet egg salad made from cage-free eggs and seasoned with fresh herbs, Dijon, detoxifying pickled red onions, vibrant microgreens, and our signature spice blend.



LEAF IT TO US

Nourishing greens, bold flavors, and vibrant benefits in every bite.

GREEN GLOW-UP SALAD \$15.00

Baby spinach, kale, cucumber, green apple, avocado, sunflower seeds, Raspberry Vinaigrette dressing

THE SWEET CRUNCH SALAD

\$16.00

Romaine, Red Apples, Candied Walnuts, Dried Cranberries, Crumbled Kosher Feta, Honey Mustard dressing

MEDITERRANEAN MOOD SALAD

\$18.00

Romaine Lettuce, Cherry Tomatoes, Cucumber, Red Onion, Chickpeas, Kalamata Olives, Crumbled Kosher Feta, Balsamic Vinaigrette



BREW & BALANCE

Fuel your day, chill your way—sip something amazing!

1207

ONE SHOT \$4.25 | TWO SHOTS \$5.25

LATTES VANILLA BEAN LATTE

Smooth & soothing with warm notes of vanilla and maple. Made with creamy oat milk, pure vanilla extract, and a shot of espresso.

HONEY CINNAMON LATTE

A cozy cup of calm. Espresso blended with almond milk, raw honey, and a dash of cinnamon for sweet spice perfection.

TOASTED CARAMEL LATTE

Rich espresso with warm toasted caramel syrup, almond milk—decadent, buttery, and uplifting.

MEDIUM-DARK ROAST SIGNATURE BLEND HOT 160Z \$3.50 | 120Z \$2.95 ICED 160Z \$4.50